



**1. PROGRAMUL “YOUNG LEADERS
IN DIABETES” 26 NOIEMBRIE – 2
DECEMBRIE**

**2. CONGRESUL INTERNATIONAL
DE DIABET 2 – 6 DECEMBRIE**

Australia, Melbourne, 2013

YOUNG LEADERS IN DIABETES

- Un grup organizat de tineri cu diabet (< 30 ani) care militează pentru drepturile tuturor diabeticilor
- Acest grup acționează în cadrul Federației Internaționale de Diabet (IDF)
- Grupul funcționează conform unei constituții care a fost adoptată în Dubai, 2011



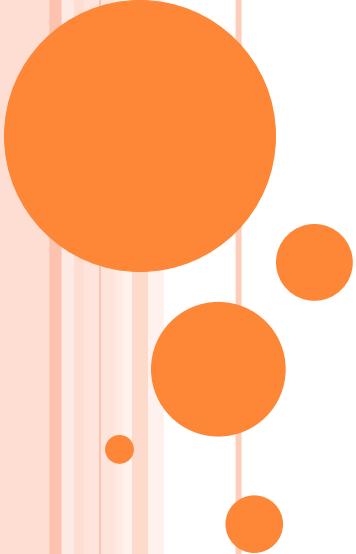
PRINCIPALELE REGULI

- Young Leaders in Diabetes se întâlnesc din doi în doi ani (data și locația întâlnirii sunt în concordanță cu **Congresul Internațional de Diabet**)
- **Primul** program a fost în **2011** în **Dubai** unde au participat aproximativ 70 de tineri
- **2013, Melbourne** – 130 de tineri
- **2015, Toronto**



PARTICIPANȚII – MELBOURNE 2013





VIDEO – PARTICIPANȚII YLD VĂ SALUTĂ

REGULI-CONTINUARE

- Pentru a fi **Young Leader**:

1. Trebuie o recomandare din partea federației/asociației membru IDF
2. Trebuie să fi acceptat de către organizatorii programului
3. Trebuie să parcurgi cu succes un program de instruire tip Leadership Training, care se ține cu ocazia întâlnirilor Young Leaders



ȘI MAI MULTE REGULI...

- Grupul Young Leaders are o conducere aleasă de către membrii (președinte, președinte-ales, vicepreședinte, etc.)
- Fiecare membru poate să candideze pentru orice funcție în cadrul YLD
- Atribuțiile fiecărei funcții sunt stipulate în constituție
- În cadrul întâlnirilor se ține o adunare generală – se aleg conducătorii, se schimbă reguli



FOSTUL PREȘEDINTE: ALEX SILVERSTEIN (UK)



ACTUALUL PREȘEDINTE: KEEGAN HALL (AFRICA DE SUD)



PREȘEDINTELE ALES: SANA AJMAL (PAKISTAN)



BENEFICIILE YLD

- Președintele YLD participă la adunările generale ale Federației Internaționale de Diabet și are un cuvânt de spus în deciziile care se iau
- Bază internațională de susținere pentru proiectele gândite de tinerii participanți
- Programe de intruire în leadership, lobbying, proiect manager
- Posibilitatea de a participa la Congresul Internațional de Diabet



ȘI ACUM... LATURA ȘI MAI FRUMOASĂ

- YLD este o oportunitate pentru:
 1. a te întâlni cu oameni din toate părțile lumii și să aflii despre probleme și realizările lor în domeniul diabetului și nu numai
 2. A călătorii
 3. A te dezvolta
 4. A simți că ești o parte importantă dintr-o mișcare globală
 5. Pentru a nu te simți singur și neînțeles cu “boala” cu care trăiești



CONGRESUL INTERNAȚIONAL DE DIABET

- 10.500 de specialiști în Diabet din toate părțile lumii
- Numeroase prezentări despre diabet și noutăți în managementul diabetului
- Posibilitatea de putea vorbi cu experți în diferite domenii



MELBOURNE EXHIBITION AND CONVENTION CENTRE



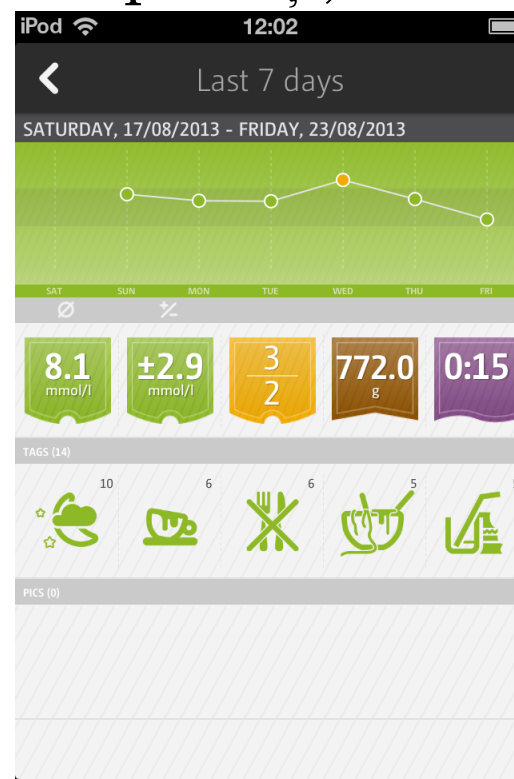
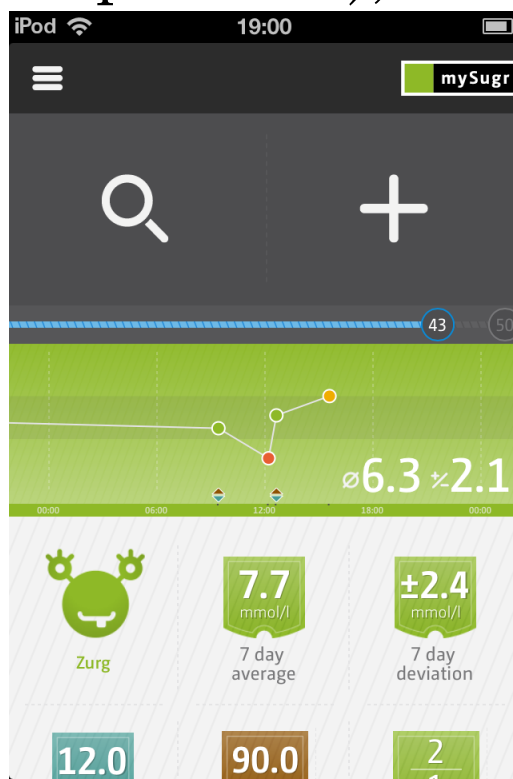


**VIDEO – DESCHIDERE
CONGRESULUI INTERNAȚIONAL
DE DIABET**

NOUTĂȚI ȘI POSIBILITĂȚI

○ <http://mysugr.com>

Aplicație pentru Android și iPhone, gratuit (are câteva funcții pentru care trebuie plătit, dar nu sunt foarte importante), mail pentru părinți, history...



TABERE

○ <https://www.diabetescamps.org/>



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INSPIRING HEALTH AND CONFIDENCE

for people with and affected by diabetes

Every year, over 400 diabetes programs around the world offer real-life educational experiences for those directly—and indirectly—affected by diabetes including youth, young adults, and families.



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NEWS

Coming Soon - DECA's 2014 International Camping Conference >

CVS establishes giving and volunteering site for DECA >

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Home > Find A Camp

FIND A CAMP

Country

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State

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Camp Locations

Organization

Camp Sweet Life

5050 Patterson Road
Madison Lake, Minnesota 56063
507-327-4307
[View Website](#)
[Upcoming Sessions →](#)

Camp Sweet Life Adventures, Inc.

Camp Sweet Life Adventures, Inc. (CSLA) is a non-profit organization which was incorporated as a 501(c)(3) non-profit corporation in 2010. Camp Sweet Life was organized in order to provide youth with Type 1 Diabetes (T1D) in Southern Minnesota an opportunity to connect with other kids with T1D, learn how to take better care of themselves, and have loads of fun in a carefree summer camp environment. The Camp Sweet Life organizers originally met only to plan a camp, but after the first camp in 2010 they realized the needs of this community and the possibilities for improving the lives of kids with T1D were so much greater! Thus began the development of a mission, goals, and strategic plan to make Camp Sweet Life Adventures a sustainable and vital organization for the T1D community in Southern Minnesota.



Connected in Motion

Connected in Motion



Tur cu biciclete în Franța

Tour du Galibier - 26 to 28 June 2014

Mai multe informații: www.tourdugalibier.com

Tour du Ventoux – 18 to 20 September 2014

Mai multe informații: www.tourduventoux.com

Costuri: Registrare 125 EUR per persoană.

Include:

- Pachetul de participare (geantă sport, apă, 1 gel, 1 baton de cereale)

- T-shirt cu Tour du Galibier sau du Ventoux

- Mâncare în timpul tururilor

- Asigurare (fără casă= fără asigurare)

- Ajutor tehnic

- Ajutor medical

- Massage

- Pasta Party

- Bike Party Sâmbătă seara

- O experiență de neuitat despre Tour du Galibier sau the Tour du Ventoux

Costurile de transport și acomodare nu sunt incluse.



Diabetes Tasmania Sea Kayak Adventure

AUD\$3390 per persoană+drumul până Nadi,
Scott@worldexpeditions.com.au



diabetes tasmania yasawa islands sea kayak challenge



trip highlights

Paddling amongst tropical islands and exploring coral reefs

Relaxing on white sandy beaches

Fijian hospitality

Helping raise much needed funds for Diabetes Tasmania

Visiting the Life for a Child centre in Lautoka



Trip Duration

10 days

Trip Code: SOG1770

Grade

Moderate level

Activities

Kayaking

Accommodation

10 day trip, 6 days kayaking, 3 night
hotel and 6 nights camping

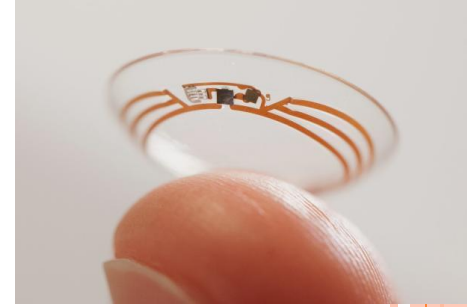
TRATAMENTUL DIAB

- Se caută, dar încă nu s
- Cercetările se axează p
- tipuri de insulină
- Cel mai interesant: Bio
- Anna Floreen

<http://www.artificialpancreas.org>



MĂSURAREA GLICEMIEI



- Google embarks on smart contact lenses for diabetics
- Not only has it developed prototypes of these smart contact lenses, but it's also done multiple clinical research studies, met with the US Food and Drug Administration, and is looking for potential partners to bring the product to market.
- "We're now testing a smart contact lens that's built to measure glucose levels in tears using a tiny wireless chip and miniaturized glucose sensor that are embedded between two layers of soft contact lens material," the project co-founders Brian Otis and Babak Parviz wrote in a blog post. "We're testing prototypes that can generate a reading once per second.,,
- Additionally, this product is far off from any sort of mainstream use. Not only does Google need to find partners to get the contact lenses to market, but it also needs to go through the arduous FDA clearance process.



DACĂ VREI SĂ TE IMPLICI

o <https://www.myglu.org/>



[Articles](#)

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Glu is an active and diverse type 1 diabetes online community designed to accelerate research and amplify the collective voice of those living with T1D. **Register Now.**



Support:

Find and connect with others touched by T1D.



Empower:

Get involved as a citizen scientist to help accelerate research.



Educate:

Learn from discussions, articles, research, and from each other.



Find strength in our numbers

8120

Community users

4512

Community statuses

152228

Question answers

- <http://t1dxregistry.jaeb.org/>

[HOME](#) [CLINICS](#) [RESEARCH](#) [NEWSLETTERS](#)

 **T1D Exchange**

ABOUT T1D EXCHANGE REGISTRY

The T1D Exchange Clinic Registry is coordinated by the Jaeb Center for Health Research and funded by the Leona M. and Harry B. Helmsley Charitable Trust through the Helmsley Type 1 Diabetes Program. Currently, 66 clinics are participating in the T1D Exchange Clinic Registry. The milestone of reaching our goal of enrolling 25,000 participants with type 1 diabetes was achieved in June 2012.

The overall objective of the T1D Exchange Clinic Registry is to improve the care of persons with type 1 diabetes (T1D) through sharing of best practices by collecting data in a common data repository. The registry aims to collect core clinical and laboratory data on persons with T1D in order to:

1. Address pertinent clinical issues
2. Conduct exploratory/hypothesis-generating analyses
3. Categorize participants for future clinical studies

To request more information, data, or submit study ideas **contact us**.

For more information about the registry and other T1D Exchange initiatives, **view our flyer**.

RECENT RESEARCH

- **Resetting the Bar: Frequency of Severe Hypoglycemia and Diabetic Ketoacidosis among Children**
- **Frequency of Microalbuminuria (MA) Among Children**
- **Autoantibody Status of Pediatric Participants**

©2014 Jaeb Center for Health Research 15310 Amberly Drive, Suite 350 Tampa, FL 33647 Phone: 813-975-8690 Fax: 813-975-8761

DESPRE PROIECTUL MEU

○ Justin Morris



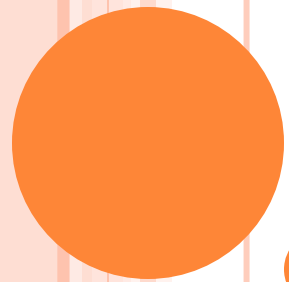
- <http://teamtype1.org/>
- <http://teamnovonordisk.com/>

○ Bas van de Goor



- A fost de două ori cu selecționata Olandei la volley la Jocurile Olimpice





VIDEO – JUSTIN MORRIS

LISTA SPORTIVILOR CU DIABET - WIKIPEDIA

- **American football**

- Jay Cutler, Denver Broncos (2006–2008) and Chicago Bears (2009–) quarterback, type 1.[2]
- Mike Echols, Tennessee Titans (2002–2004) cornerback, type 1.[3]
- Kendall Simmons, Pittsburgh Steelers (2002–2008) guard, type 2.[4]

- **Baseball**

- Ron Santo, Chicago Cubs (1960-1973) and Chicago White Sox (1974) infielder, type 1, deceased (2010 at age 70).
- Sam Fuld, Chicago Cubs (2007–2010) and Tampa Bay Rays (2011–) outfielder, type 1.[5]
- Mark Lowe, Seattle Mariners (2006–2010) and Texas Rangers (2010–) pitcher, type 1.[6]
- Brandon Morrow, Seattle Mariners (2007–2009) and Toronto Blue Jays (2010–) pitcher, type 1.[6]
- Jackie Robinson, Brooklyn Dodgers (1947-1956), type 1, deceased (1972 at age 53).

- **Basketball**

- Chris Dudley, National Basketball Association centre (1988–2001), politician, type 1.[7]
- Gary Forbes, National Basketball Association small forward (2010–present), type 1.[8]
- Adam Morrison, National Basketball Association small forward (2006–2010), type 1.

- **Canoe Slalom**

- Georgia Rankin, Australian Junior Canoe/Kayak Slalom Team K1 and C1 classes, Type 1



- **Motor racing**

Charlie Kimball, IndyCar driver, type 1.[22]

Ryan Reed, NASCAR driver, type 1.

Miguel Paludo, NASCAR driver, type 1.

- **Rowing**

Sir Steven Redgrave, England, five-time Olympic gold medal winner (1984–2000), type 1

- **Rugby league**

Steve Renouf, Brisbane (1988–1999), Queensland and Australia centre, type 1.[23]

Brett Stewart, Manly (2003–), New South Wales and Australia fullback, type 1.[24]

Lance Thompson, St George Dragons (1995–2005), Cronulla-Sutherland Sharks (2006–2008)

- **Rugby union**

Rod Kafer, Australian Test player (12 caps, 1999–2000), type 1.[25]

Erik Munch-Ellingsen (AECC)

Swimming

Gary Hall, Jr., American freestyler, five-time Olympic gold medallist (1996, 2000, 2004), type 1.

- **Tennis**

Arthur Ashe, United States of America, winner of 3 Grand Slam Titles (1968 US Open, 1970 Australian Open, 1975 Wimbledon), type 2. [26]

- **Winter sports**

Kris Freeman, American cross-country skier, type 1.[27]

Sean Busby, American professional snowboarder, type 1.

Chris Southwell, professional extreme snowboarder from UK, type 1.



- **Football/soccer**

Gary Mabbutt, Tottenham (1982–1998) and Bristol Rovers (1979–1982) defender, UEFA Cup and FA Cup winner, type 1.[14]

Danny McGrain, Scotland (62 caps, 1973–1982) and Celtic (1967–1987) defender, seven-time Scottish Premier League winner.[15]

Andy Penman, Scotland (1 cap, 1966) and Rangers (1967–1973), Dundee_F.C. (1959–1967) and Arbroath_F.C. (1973–1978) midfielder, Scottish_Football_League winner 1961. Type 1, deceased (1994 at aged 51).[16]

Scott Allan, Birmingham City (2013-) midfielder

Benjamin T. Aavik (AECC F.C.) 2012- Type 1.

- **Golf**

Scott Verplank, five-time PGA Tour winner, type 1.[17]

- **Ice hockey**

Nick Boynton, former National Hockey League defenseman, type 1.[18]

Bobby Clarke OC, Philadelphia Flyers (1969–84) and Canada center, sports administrator, type 1.[19]

Cory Conacher, National Hockey League center (2011–present), type 1. [20]

B. J. Crombeen, National Hockey League winger (2007–present), type 1.[21]

- **Cycling**

Javier Mejías, Spain, type 1.[13]

Andrea Peron (cyclist), Italy, type 1

- **Cricket**

Craig Cumming, New Zealand batsman (11 Tests, 2005–2008), type 1.[9]

John McLaren, Australian batsman (1 Test, 1912), died of diabetes aged 34.

Craig McMillan, New Zealand batsman (55 Tests, 1997–2005), type 1.[10]

Wasim Akram, Pakistan fast bowler (1985–2003), member of the ICC Cricket Hall of Fame, type 1.[11]

Dirk Wellham, Australian batsman (6 Tests, 1981–1987), type 1.[12]





VĂ MULȚUMESC!